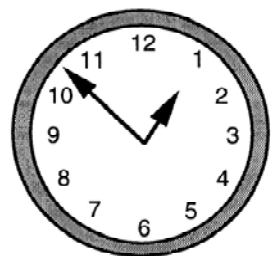


Staying Healthy and Safe

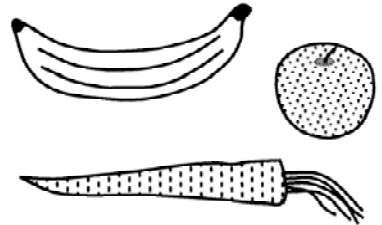
There are lots of choices we can make to help us have healthier and safer lives. Look at the pictures below, and **DRAW A CIRCLE** around the choices that are healthy and safe. Then, **PUT AN X** through those that are not healthy and safe.



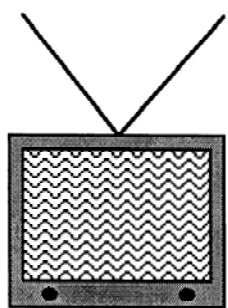
exercise a lot



stay up late every night



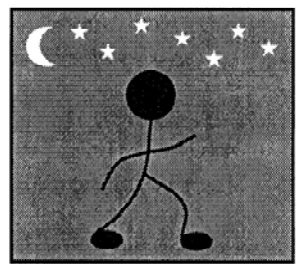
eat fruits and vegetables



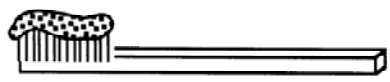
watch t.v. a lot



wear a seat belt



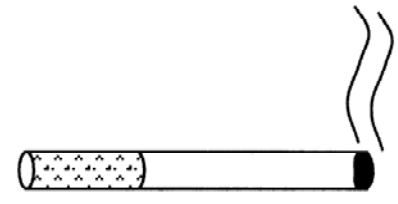
walk alone at night



brush your teeth twice a day



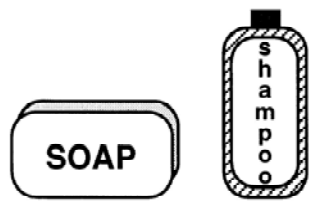
eat candy every day



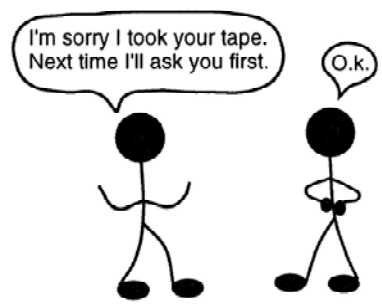
smoke cigarettes



cross streets against the light



take baths often



listen to others instead of fighting