## OCTOBER is "Being A Positive Leader" Month!

The Song Of The Month

"You Can!"<br>words by Ruth Pelham<br>(c) 2002 Ruth Pelham Music

Sing this song to the tune of "She'll Be Coming 'Round The Mountain."
If you want to be a leader then you can If you want to be a leader then you can You can help and be of service Though you might feel shy or nervous If you want to be a leader then you can

If you want to make a difference then you can If you want to make a difference then you can Get your friends and get your neighbors Do some friendly, caring favors If you want to make a difference then you can
If you want to help somebody then you can If you want to help somebody then you can Your best self you will discover You'll feel great when you help others If you want to help somebody then you can

## A Sing And Do Activity

Try doing some motions as you sing this song! For the words, "if you want," point to a real or pretend person. For the words, "then you can," smile enthusiastically as you quickly lift your arm way up in the air. For lines 3 and 4 of each verse, act out the emotion or activity with your face and body. You can also write your own verses to this song!
"Being A Positive Leader"

| Sunday <br> Domingo | Monday Lunes | Tuesday Martes | Wednesday Miércoles | Thursday Jueves | Friday Viernes | Saturday Sàbado |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 <br> Sing the "Song Of The Month." | $2$ <br> Mahatma Ganoh's Birthday | 3 | 4 | Lead your classmates in making a "Cigarettes, Yuck!" book for your school library. | 6 |
| Ask your neighbors to be a part of a "Neighbors Sharing With Neighbors" day on your block. | Indigenous People's Day <br> Columbus Day | Sing the "Song Of The Month." | 10 | Ask your classmates to do something to help people get along better in your school. | 12 | Write a song with your friends about making a positive difference. |
| $14$ <br> Sing the "Song Of The Month." | 15 <br> Ask your classmates to make a "Thanks For Being Our Teacher" card for your teacher. | $16$ | Ask your neighbors 3 things they want for your neighborhood. | 18 | 19 | 20 <br> If someone is left out of a game today, ask her or him to play. |
| Make a skit with your friends about a group of children who help hungry people have more food. | $22$ | $23$ <br> Sing the "Song Of The Month." |  | Make a colorful sign for your room that says, "I'm A Positive Leader." | $26$ | 27 <br> Ask your friends to make up a new game where everyone wins then play it. |
| $28$ <br> Sing the "Song Of The Month." | $29$ | Talk to your friends about doing something special for an old person then make a plan to do it. | $31$ |  |  |  |

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